

## Sclera Signs

### RIGHT EYE

12:00 to 1:00 Brain Cerebrum

Senses  
Pituitary gland/pineal  
Standards- judgment  
Expression (Thalamus)  
Ego- creative stress pressure

1:00 to 2:00 Face

Temple- forehead  
½ L-eye ½ R-eye  
Nose sinuses  
Cervical nerve roots to face

Upper jaw, mouth

2:00 to 3:00 Throat

Tonsils, adenoids, nasal passages  
Parathyroid  
Thyroid

Lower larynx-Cough reflex

3:00 to 4:00 Upper Back

Esophagus  
Scapula Shoulder blade R-side  
Lower neck cervicals  
Thoracic vertebrae

4:00 to 5:00 Lower Back

Lumbar spine  
Sacrum, coccyx spine  
Bladder

5:00 to 6:00 Pelvis

Reproductive area  
Colon-adrenal-kidney-small intestine-stomach  
Bladder reflex-colon

6:00 to 7:00 Lower abdomen

Groin  
Pelvis  
Reproductive-pancreas  
Liver

7:00 to 8:00 Upper abdomen

Bile duct- gallbladder  
Liver

8:00 to 9:00 Throat

Ribs  
Diaphragm-hiatus  
Lymphatic-R-breast-L-Breast  
Pleura-Thymus

9:00 to 10:00 Chest

Lung nerve response  
Shoulder-Clavicle

10:00 to 11:00 Neck

Upper Cervical  
Right Ear-inner ear  
Mastoid  
Cranium

11:00 to 12:00 Brain Cerebellum

Medulla oblongata  
Hypothalamus-frayed nerves-motor skills

Sclera Color

Pinkish/flush-alkalosis-B-deficiency-excessive alcohol  
Bluish haze-chronic alkalosis-anemic-poor spleen-calcium deficient  
Bluish gray-“porcelain china”-abnormal tissue toxicity  
Gray around the rim-tissue toxicity  
Yellow-poor liver function  
Brownish-general toxicity  
Yellow bands-spinal damage  
White, fatty blips-cervical spine problems, magnesium deficiency, liver toxicity

Line Colors

Bright Red-acute  
Brownish-Old, chronic  
Yellow tint-liver involvement  
Blue tint-lymphatic, spleen involvement  
Pink-improved symptoms

### LEFT EYE

12:00 to 1:00 Brain Cerebellum

Medulla oblongata  
Hypothalamus-frayed nerves-motor skills

1:00 to 2:00 Neck

Upper Cervical  
Right Ear-inner ear  
Mastoid

Cranium

2:00 to 3:00 Chest

Right Lung-Left Lung  
Shoulder-Clavicle

3:00 to 4:00 Thorax

Cardiovascular  
Pleura  
R-Breast-L-Breast  
Hiatus-Diaphragm

R-bundle branch

L-Bundle branch

4:00 to 5:00 Upper abdomen

Bile duct- gallbladder  
Liver

5:00 to 6:00 Lower abdomen

Groin  
Pelvis  
Reproductive-pancreas  
Liver

6:00 to 7:00 Pelvis

Reproductive area  
Colon-adrenal-kidney-small intestine-stomach  
Bladder reflex-colon

7:00 to 8:00 Lower Back

Lumbar spine  
Sacrum, coccyx spine  
Bladder

8:00 to 9:00 Upper Back

Esophagus  
Scapula Shoulder blade R-side  
Lower neck

9:00 to 10:00 Throat

Thyroid  
Diaphragm-hiatus  
Lymphatic-R-breast-L-Breast  
Pleura-Thymus

10:00 to 11:00 Face

Temple- forehead  
½ L-eye ½ R-eye  
Nose sinuses  
Cervical nerve roots to face

Upper jaw, mouth

11:00 to 12:00 Brain Cerebrum

Pituitary gland/pineal  
Standards- judgment  
Expression (Thalamus)  
Ego- creative stress pressure

Sclera Color

Pinkish/flush-alkalosis-B-deficiency-excessive alcohol  
Bluish haze-chronic alkalosis-anemic-poor spleen-calcium deficient  
Bluish gray-“porcelain china”-abnormal tissue toxicity  
Gray around the rim-tissue toxicity  
Yellow-poor liver function  
Brownish-general toxicity  
Yellow bands-spinal damage  
White, fatty blips-cervical spine problems, magnesium deficiency, liver toxicity

Line Colors

Bright Red-acute  
Brownish-Old, chronic  
Yellow tint-liver involvement  
Blue tint-lymphatic, spleen involvement  
Pink-improved symptoms